

Food bank birthday boxes

RESOLUTION

WHEREAS, Women of the ELCA is committed to promoting healing and wholeness in our church, society, and world and engaging in ministry and action;

WHEREAS Women of the ELCA's initiative *Raising up Healthy Women and Girls* recognizes that health begins by being physically, emotionally, mentally, and spiritually health, which includes raising healthy children;

WHEREAS, raising emotionally healthy children includes the opportunity to celebrate milestones in a child's life and recognizing each child is a gift;

WHEREAS, many in our communities are reliant on food banks to supplement their meals and live healthy lives and birthday celebrations are often considered extra and therefore not affordable;

THEREFORE, units, congregations, or individuals are encouraged to create and deliver a "birthday boxes" to their local food pantry throughout the year that includes items necessary to provide a birthday joy.

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An addendum, here is an example of what could be done:

Wrap birthday boxes for food banks with birthday supplies for those using food banks (candles, cake mix, disposable pan, frosting, can of Sprite and possible miscellaneous items like napkins or balloons or whatever in the cake pan wrapped with a bow. Include a card that says, "Happy Birthday! To make a cake without eggs, oil and water, mix 1 can of Sprite with the cake mix. That's it! Bake according to back of box."